

## Howie Long

Hall of Fame NFL Lineman and Television Personality

Howie Long, former Hall of Fame Defensive End for the Los Angeles Raiders, is currently best known for his position of in-studio analyst for the Emmy Award winning FOX NFL Sunday team.

Howie Long was twice chosen Defensive Lineman of the Year, and was elected to the Pro Bowl eight times, tying the Raiders' all-time record. Howie Long was voted Seagrams Defensive Player of the Year by the NFL coaches and general managers in 1985. Howie Long has also been named to the first team of the "All Decade Team of the 80's". In 1983, Howie Long helped lead the Raiders to their Super Bowl victory over the Washington Redskins. On July 29, 2000, Howie Long was inducted into the Pro Football Hall of Fame in Canton, Ohio. Howie Long became the third youngest player ever inducted into the Pro Football Hall of Fame, and is one of only seven defensive ends voted into the Hall.

A multi-talented performer, Howie Long launched his successful television and film career after playing 13 years in the NFL for the Los Angeles Raiders. Howie Long is widely known for his appearances on the big screen as well as the gridiron. Howie Long made his feature film debut in John Woo's 1996 box office hit BROKEN ARROW and has since starred in the 1998 FIRESTORM and TNT feature DOLLAR FOR THE DEAD. Howie Long was also featured in 3000 MILES TO GRACELAND alongside Kevin Costner and Kurt Russell.

Howie Long's keen wit and insight make him an entertaining and highly sought after speaker.

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