

Bear Grylls

British Adventurer, Writer and Television Presenter

Bear Grylls has become well known around the world as one of the most recognised faces of survival and outdoor adventure.

His journey to this acclaim started in the UK on the Isle of Wight, where his late father taught him to climb and sail. Trained from a young age in martial arts, Bear went on to spend three years as a soldier in the British Special Forces, serving with 21 SAS. It was here that he perfected many of the skills that his fans all over the world enjoy watching him pit against mother-nature.

Despite a free-fall parachuting accident in Africa, where he broke his back in three places, and after enduring months in military rehabilitation, Bear went on to become one of the youngest ever climbers to reach the summit of Mount Everest.

Bear also went on to star in Discovery Channel's Emmy-nominated, *Man vs. Wild* and *Born Survivor* TV series, which has become one of the most-watched shows on the planet, reaching an estimated 1.2 billion viewers.

Off screen, Bear has lead record-breaking expeditions, from Antarctica to the Arctic, which in turn have raised over \$2.5 million for children around the world. In recognition for his expertise and service, Bear was appointed as the youngest ever Chief Scout to over half a million brilliant scouts in the UK, was awarded an honorary commission as a Lieutenant-Commander in the Royal Navy and as a Colonel in the notoriously tough Royal Marines Commando.

He has authored 15 books, including the #1 best-seller, *Mud, Sweat, & Tears*, which was voted the most influential book in China for 2012. Other titles include *True Grit, A Survival Guide For Life, Born Survivor, Living Wild, Great Outdoor Adventures, Facing Up, Facing the Frozen Ocean, To My Sons*, and seven children's fiction novels titled *Mission: Survival*.

Summer 2013 saw Bear's US TV series, *Get Out Alive with Bear Grylls*, running on NBC and voted the #1 new network reality show in the 18 to 49 age category. The show aired worldwide on Discovery Channel alongside a further series, *Bear Grylls: Escape from Hell* and *Bear Grylls: Extreme Survival Caught on Camera*. Bear is currently seen on the NBC series, *Running Wild*, where he takes celebrities into the wild for 48 hours. On his newest reality show, *The Island*, 14 men must survive on a deserted island and film their experience.