

## Ahmed Hankir

Royal College of Psychiatrists Award Winning Doctor, Expert by Personal & Professional Experience

Dr Hankir, Senior Research Fellow (UK) and Professor of Psychiatry (USA), is passionate about raising awareness of the importance of mental health in the workplace and beyond, improving mental health literacy and resilience and reducing mental health stigma.

Together with scholars from the University of Cambridge, Dr Hankir - an expert by both personal and professional experience - pioneered the Wounded Healer, an innovative anti-stigma talk that blends the performing arts with psychiatry. In the Wounded Healer, Dr Hankir utilizes spoken word poetry and re-enacts scenes from famous films to engage, entertain, enthrall and educate audiences to provide them with the necessary tools to develop mental health resilience and maximise their full potential.

The Wounded Healer traces Dr Hankir's incredible recovery journey from 'hopeless service user with mental illness' to twice receiving the Royal College of Psychiatrists Doctor of the Year Award (the Royal College of Psychiatrists awards mark the highest level of achievement in psychiatry in the UK). Dr Hankir was also twice a Finalist for the Royal College of Psychiatrists Psychiatric Communicator of the Year Award making him the only individual in the history of the College awards to have been a Finalist in three separate categories.

Dr Hankir has given keynote addresses alongside Nobel Prize Laureates, celebrities and Ted speakers and has delivered his acclaimed Wounded Healer presentation to over 75,000 people in 15 countries in five continents worldwide. Dr Hankir has spoken at events organized by corporations such as PricewaterhouseCoopers, the Royal College of Psychiatrists, the Royal College of Emergency Medicine and the Royal Australian and New Zealand College of Psychiatrists. Dr Hankir has also spoken to healthcare professionals in the National Health Service, students from inner city schools and organisations in the private and public sectors. Audiences report in written feedback that the Wounded Healer is, 'Utterly inspirational' and 'The best talk I have ever attended.'