

Katie Ledecky

Olympic Champion Swimmer; 10x Olympic Medalist, 15x World Champion, 14x World Record Breaker

One of the most dominant athletes the world has seen and among the most celebrated of her generation, Katie Ledecky is a 10-time Olympic medalist and 15-time World Championship medalist — the most of any female swimmer. A record-shattering, history-making athlete, Ledecky has reached undeniable “G.O.A.T.” status with the same speed and tenacity that led to her breaking 14 world records and 37 American records. A three-time Olympian with seven gold medals and three silver medals overall, she is the most-decorated female U.S. Olympian of all time in individual events, with six individual gold medals, who made her debut as the breakout star and youngest American Olympian at the 2012 games at age 15. She continues to make waves and inspire the masses with her achievements both in and out of the pool.

Exclusively represented by [Leading Authorities speakers bureau](#), Ledecky is a serial winner who possesses the unique ability to energize audiences and spark high performance with her much sought-after Olympic-level insights. As personable and relatable as she is laser-focused on achieving her goals, she shares her perspective on developing a winner’s mentality, goal setting, swimming past adversity, and the importance of discipline, practice, and support in reaching peak performance. Drawing from her inspiring personal journey to the winner’s podium, she shares her elite-level strategies for visualizing and achieving success at the highest levels in any field.

Ledecky became the most-decorated U.S. female athlete for a second consecutive Olympics when she won four medals overall (two gold and two silver) at the 2020 Tokyo Olympics, making history by winning the gold in the first-ever women’s 1500-meter freestyle, and becoming the first-ever to three-peat in the 800-meter freestyle. Four years prior, at the 2016 Rio Olympics, she delivered an all-time performance, breaking two world records while winning four gold medals and one silver medal overall — becoming the most successful U.S. female athlete ever at a single Olympics. Ledecky’s Olympic legend began at the 2012 London Olympic Games, where she was the youngest U.S. Olympian at just 15-years-old. Showing confidence and maturity beyond her years, she delivered a statement win in the 800-meter freestyle race during the London Games, beating out a field of more experienced competitors by four seconds to win her first gold medal.

Ledecky’s success has earned her USA Swimming’s Golden Goggles Award as Female Swimmer of the Year an unprecedented six times, AP Female Athlete of the Year, and countless other accolades. She has been featured in leading publications and news outlets worldwide, and was the youngest person named to the *Time 100* list in 2016.

Between the 2016 and 2020 Games, Ledecky attended Stanford University where she won eight NCAA titles, broke 15 NCAA records, led the team to back-to-back NCAA Team Championships, and earned various individual honors, including being named Division I’s Academic All-American of the year.

Ledecky is passionate about the importance of education, especially STEM and leadership programs for girls. She partnered with Panasonic of North America to launch Dive Into STEM Education, a middle school program which aims to inspire and empower the next generation of students.