

Jermaine Jenas

Professional Footballer

Jermaine started his football career at his hometown club Nottingham Forest; making his senior debut in 2000. His performances and undoubted potential earned him a £5 million move to Newcastle United as an 18-year-old in 2002. He spent three seasons at St. James' Park, during which he won the PFA Young Player of the Year Award in 2003, before securing a £7million transfer to Tottenham Hotspur in 2005. While at Tottenham, Jermaine played an integral role in the side that won the Carling Cup in 2008, and in the same year was named as the club's new vice-captain.

During his football career, Jermaine played in the Premier League and represented England before making his first team debut in 2003. Jenas won the PFA Young Player of the Year Award and was named Tottenham Hotspur's new vice-captain. He has represented his country on 21 occasions and scored the first England goal of Fabio Capello's tenure as manager.

Since retiring from the game, Jermaine has established himself as a respected pundit for BBC and BT Sport, providing commentary and thoughtful analysis for both channels. Jenas has also undertaken successful ventures outside of football, including co-founding a hugely important foundation working in education, and presenting a hard-hitting documentary on knife crime for BBC Three in 2017.

Jermaine has risen through the ranks to become one of the most respected pundits of the game, co-hosting the 'Friday Football Social' for BBC Radio 5 Live – which has been nominated twice for an AFA Award. Also appearing weekly on BT Sport's 'The Score', BBC's 'Football Focus' as well as 'Match Of The Day'. Covering some of the biggest tournaments and games, he formed part of the BBC's coverage of the Euros in France in 2016 and most recently the BBC's World Cup coverage live from Russia.

In addition to his work with the BBC and BT Sport, Jenas also works with International broadcasters such as 'Premier League Productions', 'Astro Supersport' and 'Pyramids TV'.

Jermaine's skill in front of a camera is not limited to discussing football. His documentary in 2017 with BBC Three proved he can tackle one of the country's most pressing issues amongst young people. The documentary, Britain's Teenage Knife Wars saw him return to his hometown Nottingham to investigate the spike in knife crime devastating young lives and families. The documentary received critical acclaim and nearly 4 million views online and on the BBC One repeat.

As of May 2021, Jermaine joined BBC's 'The One Show' as a permanent co-host alongside Alex Jones and Ronan Keating.

In print, Jenas writes a bi-weekly column for the Mail on Sunday and GQ.co.uk giving his articulate and thoughtful opinion.

Jermaine has also undertaken various ambassadorial roles, starring in the Jacamo, 'Live Your Moment' summer World Cup TV ad campaign. A passionate cook, he also teamed up with Beko to kick off their 'Eat Like a Pro' healthy eating initiative in the UK. He's also worked with Premier League sponsor, Tag Heuer.

Jermaine co- founded Aquinas Education and Aquinas Foundation. Aquinas is the UK's fastest growing recruitment agency, specialising in security cleared and teaching jobs working with schools and playgroups. The Aquinas Foundation has a variety of programmes for schools to help tackle areas of concern such as truancy, punctuality and youth crime. Education is a huge passion and priority for Jermaine.