

Lauren Simmons

Youngest Trader, Only Female and Second-Ever African American Woman at the New York Stock Exchange

Affectionately known as the “Wolfette of Wallstreet,” Lauren Simmons made history becoming the youngest trader on the New York Stock Exchange floor, and second African American female trader to work on the exchange in more than 228 years. After earning her badge on the trading floor, Lauren has taken on new challenges including keynote speaking, television and podcast production and hosting, and becoming an author.

Her talks meet the perfect balance of education and entertainment as she explores the hottest topics in finance, while sharing lessons from her powerful story of overcoming the odds to make her mark on Wall Street. She has inspired and empowered countless women, minorities, Millennials, and Gen Zers and presents finance and financial wellness principles ranging from simple to complex in a way that resonates with any audience.

An advocate for the financial sector to take steps to increase diversity and inclusion, Lauren has countless accolades to her bow, including being named ‘Woman of the Year’ by *Harper’s Bazaar* and recognized as a ‘Woman of Impact’ by *Politico*.

As a broadcaster, Lauren inked two podcast deals with Spotify: *Mind Body Wealth*, which debuted at no. 2 on the top Business podcasts in the U.S., and *Money Moves*. In partnership with BlackRock and the NBA, Lauren acts as a coach to the league’s first-year players. She empowers young investors to understand the importance of investing through her digital streaming series with Robinhood and *Refinery29*, and has shared her sought-after financial and economic insights on “Good Morning America,” CNBC, and *Business Insider*.

Furthermore, Lauren sits on the board of various companies and a movie about her life story is in the works with AGC Studios. And if that isn’t enough, you will be able to pick up her book, *Mind, Body, Money*, which will be published by HarperCollins fall 2023.