

## Dakota Meyer

Medal of Honor Recipient & New York Times Best-Selling Author of *Into the Fire* and *The Way Forward*

**The Way Forward: Mastering Life's Toughest Battles and Discovering Your Purpose.** Following an attack on his comrades in Ganjgal, Afghanistan, Medal of Honor recipient Dakota Meyer showed the ultimate level of courage and determination by entering the "killing zone" and saving the lives of many Afghan and American troops. In this talk, Meyer draws from his military memoirs and lessons learned in his post-military experiences to lead a candid conversation on what it takes to survive, thrive, and tackle your biggest obstacles — whether in combat or in everyday life. As he reveals to audiences, the first step in moving forward is to learn from the past, but not let it define who you are or what you're capable of in the present or the future.

Showing a rare willingness to be vulnerable, Meyer shares paradigm-shifting lessons on the pivotal role of hope in achieving your mission, understanding the difference between a problem and an inconvenience and the impact of each, acting out of love vs. acting out of hate, and helping people on the path to achieving something much bigger than yourself. Outlining the importance of purpose and actionable steps each person can take to discover their own, Meyer shows audiences the way forward when it comes to putting life's toughest battles into perspective, defining what matters most, and creating their legacies.

**Own The Dash: Create A Life Worth Living.** Dakota Meyer launched the "Own the Dash" campaign, a movement designed to inspire others to take ownership of their lives. As Meyer explains, "Own the Dash is about living a life filled with purpose, leaving a legacy, and giving back more than you take." With this talk, Sgt. Meyer talks about the experiences in his own life that have led to his dedication to make each day count, as well as the steps he takes every day to ensure he is owning the dash. An inspiring and honest look at the highest of highs and the lowest of lows, Meyer moves audiences to fill their lives with meaning and give 100% to their relationships, jobs, and experiences.

**Accountability and Achievement.** In his presentations, Medal of Honor Recipient, Dakota Meyer, talks about taking advantage of the opportunities life gives you, holding each other accountable to achieve our potential, striving constantly for the best possible outcome, and creating a support network. His life underscores these themes in this moving and motivational talk, and his stories are full of detail and imagery. From growing up in a small town in Kentucky to joining the Marines, Meyer elaborates on courage, leadership, and what happened that day in Ganjgal Valley with humor and gripping anecdotes. He believes that anyone can achieve greatness, and he inspires his audience to do their best. His humility, sincerity, and courage are what make him one of Leading Authorities' most popular speakers.