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Performance Psychologist to Some of the World's Greatest Sportsmen

Turning Ambition into Achievement. To do differently, we have to think differently. We all want to be better, but how do we turn our thoughts into powerful drivers of relevant and meaningful actions?

Blame Looks Backwards, Responsibility Looks Forwards. How to create genuine ownership within our teams – the real difference between commitment and compliance.

Engagement - Rhetoric or Reality. Understanding the true motivators in the work place, and how we need to change our view of what we believe an organization is.

ResponseAbility. Why the key ingredient of success is choice. How to enable people to 'choose' their way to more and greater success.

Complexity and Uncertainty, so what? How to achieve focus and purpose to cut through circumstance. There are no obstructions - just distractions.

The Disruptive Leader! The only way for leaders to optimize people's talents is by breaking thinking habits.

Sustainable Relationships. Companies no longer compete against companies; networks compete against networks – we are only as strong as our ability to form meaningful relationships.

The Rogue Monkey. Creativity is something we unlearn! How can we learn it back and see innovation as an asset!