

## Ash Alexander-Cooper

Former Elite Military Unit Commander; Leadership and Resilience Expert

- **Leadership:** Establish organisational systems and processes to enable effective strategy implementation and develop individual behaviours and skills to promote inclusive and adaptable leadership
  - **Resilience:** Building the foundation for a strong, resilient culture
  - **Creating A 'Team of Teams':** Developing trust, common purpose, a 'shared consciousness', and empowerment within your organisation
  - **Peak Performance:** Leading elite, high-performing and adaptable teams in complex environments
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