

Ulrich Boser

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Learning to Learn. With this talk, Boser maps out the new science of learning, showing how simple techniques like self-questioning can help people gain expertise in almost any field by using dramatically better techniques than those widely available and practiced now. Among the important findings, Boser details the best way to gain expertise in everything from Spanish to coding software.

The Science of Solving Problems. Here, Boser breaks down the science of problem solving, detailing a clear and dedicated process that has been honed over decades of research. Boser shows captivated audiences the ways that these proven techniques can improve someone's ability to act decidedly, draw a clear solution and strategy from the trickiest of problems, and resolve any issue more efficiently.

Never Forget. It might take a few days—or just a few minutes. But learning often leaves as soon as it arrives. People who take advantage of this fact can learn a lot more, according to new research. Here, Boser explains the science of forgetting, laying out a roadmap for how we can all remember—and learn—a lot more.