

Abha Maryada Banerjee

Expert in Emotional Intelligence, Committed to Helping People in Their Journey to Success

Abha Maryada Banerjee is India's first woman motivational speaker of international acclaim, rated as one of the Top Ten Life, Business and Success Coaches in Asia Pacific. An expert at Leadership, Human Peak Performance and Emotional Intelligence, Abha has been the Peak Performance/Mental Strength Coach for Indian Olympic Athletes. Having spoken at prestigious forums across Asia, she has coached and consulted top CEOs, Media personalities, Sports Stars, Business people, leaders in the making and has been closely associated with the spiritual aspect of Leadership as well. Called 'Asian Oprah' and the 'Asian Woman Motivator', she professes 'Personal Mastery' for individuals and 'Emotional Fitness' for Corporates' and Entrepreneurs for achieving human capital excellence.

Author of the watershed super-manual on Leadership for Women, called ***NUCLEUS: Power Women lead from the Core***, Abha has combined four different disciplines-Law, Leadership, Personal development and Universal natural laws to re-define Women's Leadership. A diehard expressionist, humanist, humorist, thought leader, experience innovator and quasi mentalist, she found iconoclast connections between ideas from the world of law, universal laws of growth, leadership and personal development, to create the 'Power Woman' from the universal human perspective. With the undeniable background of gender issues across the World, NUCLEUS will lead women from 'ordinary to effective' and 'effective to excellent', not as an academic treatise, but an 'experiential' one. The Book releases in India in February 2014 and across 18 countries during April/May 2014.

Abha is the REX Global Fellow 2014 for her exceptional contribution to the field of motivation and people building. She is also the recipient of the REX KARMA VEER Awards 2014 for the same touted as a Laureate for their work . The award is instituted by the International Confederation of NGO's and the United Nations She has also been recognized as a Premier Expert in Leadership and Motivation internationally and was chosen as America's Premier Experts. She recently appeared on Brian Tracy's show for her book on Leadership for Women that was aired on international TV networks like FOX, NBC,ABC, CNN, CNBC and she is now being featured in international journals like Newsweek, Wall Street Journal, Forbes and USA today.

Founder of a People Building Company called SUCCESS INDIA LEADERSHIP with extended works in Indonesia and Singapore, Abha's 'vision and mission' is to propagate a '**Mental Freedom Movement**' aimed at Personal Leadership and enhancing Workplace Leadership. A Humanitarian Leader, Entrepreneur and Leadership Consultant, Abha is a lawyer by profession, having practiced business and enforcement law for over 10 years after which she set out to re-train herself in the field of human thought development. As she committed to her super powered vision of '**Celebrating Human Possibilities**', her passion for people building and growth, led to exemplary discoveries and consequent achievements in the field of people's development. A 'catalyst' between knowledge and real life execution, Abha is gifted at creating 'practical tools' for human growth that 'bridge the gap between theory and practical'. An 'Educational Speaker' and in her own words, she says, "I think I must a 'growth' activist or a 'growth' addict or a 'growth' obsessed humanist" or all of the above.

Charismatic, passionate, driven, open, dynamic pack of energy and tons of courage, Abha is a strong lady with a lofty mind. In her mind, she says, is housed a very creative side which keeps her creatively engaged in theatre, acting, writing, poetry, calligraphy, sketching and food which is also her passion. She is the author of her bilingual Poetry compilation on Self Search and Motivation called MARYADA 'In Rendition'. Married for 22 years, mother of two, son aged 20 and daughter aged 10, Abha is a livewire speaker who is a unique blend of passion, integrity,

spirituality and practical useful knowledge, humorous enough to have you in splits.

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