

Julie Leitz

Psychologist and Neuroscientist

Julie Leitz is a psychologist and neuroscientist who escaped her Oxford lab to help teams and their leaders create from conflict. She believes that learning how to have tough conversations is the key to peak performance.

Having observed that there are crucial, tough conversations that every team absolutely needs to have but is avoiding out of fear that conflict of ideas might escalate into interpersonal conflict, Julie is on a mission to change our perspective on conflict by helping leaders and their teams harness the potential and power inherent to it.

A coach and consultant working with leading organisations across Europe, Julie holds a Masters of Science in Neuroscience from the University of Oxford and a Bachelor's degree in Psychology from the American University of Paris. She is the founder of the *School of Conflict*, which is dedicated to conflict transformation, and a co-founder of *Human Centric Leaders*, which specialises in leadership development.

Before launching the School of Conflict, Julie worked in different research laboratories at the University of Oxford and University College London, where she published several scientific articles in international, peer-reviewed journals such as the *Journal of Neuroscience*. She brings her academic background to her work and combines it with actionable insights and tools from her unique experience in organisations.

Originally from Paris, Julie has been living in London for ten years and counting. Its eclectic mix of cultures, landscapes, and people, as well as the many green spaces it has to offer, make it her favourite city in the world.