

Ulrich Boser

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Ulrich Boser is a bestselling author known for his groundbreaking research and insights into adult learning, short- and long-term memory, and techniques for mastering complex skills and topics. His most recent book is *Learn Better: Mastering the Skills for Success in Life, Business, and School, or, How to Become an Expert in Just About Anything*. The book has been featured in many outlets including NPR, *Slate*, Vox, *The Atlantic*, and *The Washington Post*, and Amazon named the book one of the "best of the year."

Focused on the new science of learning and helping people "learn how to learn," Ulrich discusses better ways to develop mastery, showing how simple techniques like self-questioning can help people gain expertise in dramatically better ways. Sharing incredible true stories—including how artist Jackson Pollock learned to paint or why an ancient Japanese counting device allows kids to do math at superhuman speeds—Boser entertains and informs audiences around the world. He regularly speaks to and serves as a consultant for major American and global organizations, and past clients include Google, Coca-Cola, the Bill and Melinda Gates Foundation, and the George Lucas Foundation.

He is currently a Senior Fellow at the Center for American Progress. He is also the founding director of American Progress' science of learning initiative. Before joining the Center for American Progress, Boser worked as a contributing editor for *U.S. News & World Report*. Boser is also the author of *The Leap: The Science of Trust and Why It Matters*, which *Forbes* called "recommended reading." Earlier in his career, he wrote *The Gardner Heist: The True Story of the World's Largest Unsolved Art Theft*, which became a national best-seller. *USA Today* called *The Gardner Heist* "a public service," while *The Wall Street Journal* described the book as "captivating."

Boser's work is often featured in the media, ranging from *The Tonight Show with Jay Leno* to the front page of *USA Today*. He has also served as an Arthur F. Burns fellow and an adviser to the Bill & Melinda Gates Foundation. He has frequently appeared on CNN, National Public Radio, and *NBC Nightly News* sharing his insights on human behavior and business strategy.

Boser's career has also included stints as a reporter, editor, and English language instructor. He graduated from Dartmouth College with honors.