

Bonner Paddock Rinn

Adventurer and Founder of the OM Foundation

The Power Of One: Five Takeaways From An Exceptional Life. Beginning with the question, “Who sets our limitations?”, Bonner Paddock Rinn offers an unbelievably honest and moving look at his life and work. A firm believer in the power of each individual to make a difference in the world—“The Power of One”—Paddock Rinn shares the five things he has done throughout his life to boost motivation, power past failure, and find the drive to be his best self. Touching upon the effects of both crippling self-doubt and real limitations, Paddock Rinn illustrates how he achieves a positive and successful daily reality. Paddock Rinn shares his story with humility, energy, and both hilarious and heart-breaking anecdotes, making this a memorable presentation perfectly fit for any audience facing challenges or goals that seem out of reach.

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