

Elizabeth Cohen, MPH

CNN Senior Medical Correspondent

Future trends in healthcare. What will healthcare look like in the future? How will decision making shift between doctors, insurance companies, and patients? Elizabeth Cohen reveals that everything from a hospital stay to a check up will change in the future because of five trends: patient empowerment, technology, value-based billing, social media, and increased transparency for cost and outcomes. Cohen examines how these trends interact to affect both patients and providers - in fact, to seismically alter the way healthcare will be delivered and received.

Pleasing patients in the new health care world. What do patients want? This question becomes more important than ever under Obamacare, which financially rewards doctors and hospitals for making patients happy. Based on hundreds of interviews with Washington insiders, advocates, and patients, Elizabeth Cohen, author of *The Empowered Patient*, shows how pleasing patients can powerfully affect your bottom line. A 20-year veteran of CNN, Cohen hones in on the patient's perception of care, highlighting which areas of quality and safety matter most.

The Empowered Patient. CNN Senior Medical Correspondent Elizabeth Cohen is passionate about helping doctors and patients navigate our imperfect medical system. Today, doctors are more rushed than ever, and nurses often have too many patients in their care, making medical errors more prevalent. Cohen, author of the *The Empowered Patient* and host of the show *25 Shocking Medical Mistakes*, explains how patients can take control of their healthcare and become advocates for themselves and their family. Using her own personal stories as illustration, Cohen explains the basic skills needed for achieving the best medical care.

Women in the workplace: leaning in without falling down. Is it possible to lean into your career without having everything fall apart at home? Elizabeth Cohen, a 23-year CNN veteran and mother of four, says absolutely yes. While it isn't always easy, especially if you can't afford a full-time nanny and cook, Cohen uses her personal experience to show it's possible as long as you have realistic expectations both personally and professionally. Cohen shares her tricks for leaning in without falling down - one of which is to have a sense of humor when life seems overwhelming.