

## Sue Powell

Leadership Coach, Trainer and Facilitator

**Leadership.** Executives at all levels are required to influence, negotiate, collaborate, innovate, and drive change, all of which requires good leadership. A leader's attitude, awareness of self, and their capacity to bring the best out in themselves and others is extremely important in reaching peak performance. They have to discover and develop their own leadership style, and they have to encourage good leadership in their own teams, so that every individual can make a greater impact.

**Motivation.** An individual's capacity to achieve peak performance is determined to a large extent by their attitudes and mindsets, how they set goals and vision, and how they respond to changing circumstances and adversity. Sue inspires her audience with tools and techniques to overcome obstacles on the path to peak performance.

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