

Alpana Singh

TV Host, Restaurateur, and Wine Expert

Mentorship & Paying it Forward Alpana knows the value of mentorship, she wouldn't have achieved what she did without it. She has mentored dozens of wine professionals who have gone on to achieve their own success. She offers her insights on how micro-mentoring can be just as effective as macro-mentoring, how companies can recognize, cultivate and retain talent in today's competitive job market and why a pay-it-forward culture is the key to creating a lasting legacy.

Alpana Pours Alpana Singh's road to the top of her field was a whirlwind. Born to Indian parents who moved to California from the Fiji Islands, she discovered the art of wine while working as a hostess and found that it combined her varied interests of geography, history, and food. She achieved her goal of becoming a Master Sommelier (there are only 274 Master Sommeliers worldwide) at the tender age of 26. She conducts a series of discussions about the life of wine, its cultural importance, and how anyone can become an expert.

It's All In The Nose Alpana Singh's expertise stems from a highly attuned palette, but she assures audiences that everyone can develop one if they learn to stop fearing wine and just figure out what tastes right. From corporate parties and dinners with corresponding wine tastings personally selected for the event, to course by course "How to Taste Like a Master" interactive sessions, Singh's presentations are lively, informative, and tastefully fun. Being a unique member of her industry's elite group of specialists, she also uses anecdotes and personal stories about becoming the first Indian woman to vault to the status of Master Sommelier. She conducts classes, provides post-event mixers and instructional wine bars for attendees, and creates exceptional experiences that are the ideal pairing of the informative and the entertaining. And everyone walks away with a greater knowledge about not only wine, but about the surprising depth of their personal taste.

The American Dream Alpana shares her story of how she overcame her modest and humble beginnings as the daughter of Fijian immigrant parents to becoming a successful restaurateur, Master Sommelier and Television personality. The valuable lessons she learned from the immigrant experience that helped her develop the grit, determination, and tenacity to achieve her high level of success. She shares stories of her childhood, navigating the expectations of her parents to become a doctor with wanting to pursue her passion for wine and why diversity and her role on television today is so important.