Carice Anderson

Workplace Development Advisor, Impact Coach, Corporate Confidence Builder

Know Yourself: Unlocking Your Mindset to Find Success at Work. At the beginning of her career, Carice Anderson struggled to navigate her journey up the corporate ladder as a young African American woman unprepared for the realities of a workplace that wasn't designed for her to succeed. Two decades later, as a renowned workplace development and success engineer, Anderson is dedicated to ensuring that no individual – regardless of background – will have to endure the same frustrations she did. In this interactive session, Anderson introduces the continuum of authenticity, supplemented with eight keys for building self-awareness, as well as areas each person needs to understand about themselves in order to become their best selves. She also shares five common mindset traps and techniques for overcoming them, while highlighting aspects everyone needs to own to find success in their professional and personal lives. Audience members will come away with their own unique energy formula and resilience plans, and with a better understanding of the competitive advantage, purpose, and power of their stories.

Know Others: Unlocking Your Relationship. As workplace development and success engineer Carice Anderson discovered early in her career, knowledge and acumen are essential to success, but relationships are a key component to mapping your career journey, too. Showing audiences the interconnected relationship between the story they are writing about themselves and their professional relationships, she reveals five techniques to build and maintain purposeful relationships at work, as well as proven conversation starters to get the ball rolling. She gives the audience food for thought as she examines the connection between authenticity, empathy, and relationship trust, while putting forth the perspective-shifting notion on why it's more beneficial to seek out a sponsor in place of a mentor.

Know Your Environment: The Importance for Diversity, Equity, and Inclusion for Unlocking Culture. Carice Anderson is a DEI expert who helps people from diverse groups navigate their careers and is a trusted advisor to organizations looking to transform their cultures to be more inclusive for all. Leading a compelling conversation that unpacks what workplace culture entails and why cultural intelligence is one of the key traits that will help impactful leaders stand out, Anderson explores the ways organizations can implement intentional DEI strategies in order to attract, retain, and nurture diverse talent, while also outlining steps for individuals to play an active role in shaping workplace culture while realizing their visions for their own careers. Pointing to real-life examples of the companies she has advised, she demonstrates how, when organizations and their employees are in alignment, they are better positioned to surpass the competition and perform at peak levels to achieve collective and individual goals.