

Clare Balding

Broadcaster, Winner of the BAFTA Special Award and RTS Presenter of the Year Award

Women's Rights and Equality Impassioned with giving women a spotlight, projecting their voices, and creating a platform to fulfil their aspirations, Clare understands the power of women, especially in the male-dominated industries she works in.

Adaptability and Business Success Discussing the transition of her own career and developing her personal brand, Clare analyses her transition, from a broadcaster, to an award-winning author and campaigned.

Elite Mindsets and Sports Psychology Clare uses different sporting disciplines, such as Emotional Intelligence, to draw parallels between sport and business; as well as reflecting on current affairs.