

Dominique Dawes

Three-time Olympian, Olympic Gold Medalist, and Gymnastics Academy Owner

How To Climb The Mountaintop Dominique Dawes wows audiences with her honest, funny, and inspiring look at life as a three-time Olympic gymnast. As part of the “Magnificent Seven” at the 1996 Atlanta games, Dawes won gold, but also learned her greatest lesson: the pain of failure is always an opportunity for growth. After slipping in her individual floor routine and immediately falling out of contention for an All Around gold medal, Dawes was heartbroken but resolute on continuing her career and becoming a beacon of hope in a sport that strives for near-impossible standards. Years later, Dawes is committed to teaching audiences around the world that failure fuels the mind and body to achieve things they could have never imagined possible. With a unique ability to connect with audiences, Dawes shares her thoughts on the power of the mind and positive thoughts, the importance of healthy self-esteem, why teamwork means checking your ego at the door, and why every person’s contributions matter—no matter how high or low on the totem pole they may seem to be. A roller coaster look at the life of an Olympian, Dawes leaves audiences laughing, crying, and inspired to be their best.