

## **Dr. Ivan Joseph**

Award-Winning Performance Coach, Leadership and Cultural Transformation Expert

**Building a High-Performance Team.** When teams thrive, they elevate everyone to a level they didn't know was possible. When teams struggle, they create dynamics and challenges that limit performance. What does it take for a team to excel? How do you create a culture of excellence? How do you build a high-performing team? NAIA National Coach of the Year Ivan Joseph cracked the code. He led a tiny college in Iowa to win a national soccer championship. He led a marginal university athletic program to national prominence. And that's why he's invited to speak on stages around the world. Sharing funny and moving stories, and research-based insights, Ivan inspires leaders and teams to achieve even their toughest goals. In this fast-paced, interactive session, leaders gain insights and techniques to: Articulate common values and a shared sense of purpose. Create team cohesion, the foundation of elite team performance. Set higher expectations to achieve new levels of performance. Self-confidence, cohesion and expectations drive team performance. Ivan's approach works: Leaders and teams see an immediate impact. It's time to amplify your team's performance!

**Success, Self-Confidence and Grit.** Success begins and ends with self-confidence. Your belief in yourself is the foundation for thriving, achieving your dreams, and unlocking your potential. With self-confidence, you live the happy, inspired, connected life you deeply desire. As an award-winning coach and Ph.D. sports psychologist, Ivan Joseph has focused on understanding the skill of self-confidence. He has developed, applied and refined dozens of techniques that lead to high performance and excellence. In this energizing and motivational talk, you'll learn the secrets Ivan used to help individuals and teams reach goals they never thought possible. Humor, visualization, and immersive activities keep everyone engaged and create a memorable experience. Dr. Ivan Joseph shares powerful stories that people take to heart, and research-based insights. You'll learn practical techniques to: Develop and sustain self-confidence, especially in times of adversity. Promote self-confidence in your team and others. Use the power of positive self-talk and setting higher expectations. You'll gain self-confidence and a renewed belief in yourself. You'll be inspired to overcome your challenges—and learn how to accelerate your performance!

**Fueling Success Through Inclusivity and Diversity.** Teams and organizations that prioritize diversity and inclusion are stronger, more successful, and have more opportunities to prosper. Dr. Joseph is uniquely positioned to guide your team with practical and proven strategies to attract, retain and develop talent for the long-run. He is an acclaimed authority on retention and persistence of underrepresented populations in predominantly white organizations. Dr. Joseph shows you how the Identity Development Model helps drive high performance in teams. In addition to research on this topic, Ivan has a lifetime of first-hand experience: Ivan has continually overcome challenges,

broken barriers, and led a transformation toward inclusivity in every organization he's worked for. Having moved to Canada at age five from his native Guyana, Ivan knows what it's like to look different and sound different, to be a black student on a white campus, to be a leader from an equity group. He has lived the range of reactions to being a successful black man. He has experienced the challenges and opportunities of being a designated hire. And he has been immersed in the complexities of creating an inclusive organizational culture. In this moving and perspective-shifting session, Ivan challenges audiences to think about issues of diversity and inclusion in a new way by embracing a powerful concept: A culture of inclusivity is a culture of high-performance. Ivan shares insights and moving experiences from his own remarkable story. Your leaders gain: Powerful strategies for fueling high performance through inclusivity and diversity Tactics for successfully navigating the nuances of organizational decisions related to diversity and inclusion Techniques to foster successful cross-cultural communication Your leaders will be ready to create a culture where inclusion and high performance go hand in hand.