

Ellen Macarthur

Record-breaking Yachtswoman and Champion of Circular Economy

Record-Breaking Achievement in Sailing How she became the fastest solo sailor to circumnavigate the globe and one of the most successful offshore racers in history.

Resilience, Risk and Peak Performance Lessons from extreme solo sailing on preparation, endurance, decision-making, and performing under intense pressure.

From Sport to Global Sustainability Leadership Her transition from elite athlete to founder of the Ellen MacArthur Foundation, driving change in how the world uses resources.

The Circular Economy and System Change An introduction to circular economy thinking and how businesses and governments can redesign systems for long-term sustainability.