

James Haskell

England Rugby Star, Broadcaster & Global Entertainer

From Rugby to Reinvention How James went from elite sport to building a multi-platform career in media, music and entertainment.

Winning Mindset: Pressure, Performance & Resilience Lessons from the highest levels of rugby on handling pressure, bouncing back from setbacks and performing when it matters most.

The Power of Personality How authenticity, humour and embracing what makes you different can turn expertise into influence and create a standout personal brand.

Life After Sport: Finding Your Next Chapter An honest and entertaining look at reinvention, identity and building a successful second career after stepping away from