Martina Navratilova

Tennis Legend and Motivational Speaker

Diversifying Diversity A tennis legend and leading voice in the LGBTQ+ community, Martina Navratilova is an advocate for equality who strongly believes in the importance of diversity and the critical role it plays in helping organizations create open, high-performing workplaces and position themselves for success. In this talk, she outlines how the boundaries of diversity have expanded beyond racial and gender boundaries, as well as why it has become a necessity for every business. She also provides an actionable framework for reinvigorating your organization's mission and vision with diversity at the foundation. As she shares with audiences, organizations that authentically act with vision and persistence, work to correct injustices, and stand up for their core values are proven to have more inspired and productive teams. When diversity wins, people and organizations win too.

The Power of Resilience Whether on the court or in life, Martina Navratilova has encountered diversity at various stages in her journey to becoming a tennis legend and advocate for equality. In this talk, she reveals a more vulnerable side as she draws from challenges in her own personal life, including coming out as a professional athlete and overcoming cancer, to demonstrate how adversity is what introduces us to ourselves. Emphasizing the importance of perspective and a can-do mindset, she shares five strategies anyone can use to be good – even when they feel they are at their worst – and bring their greatness to the surface in tough situations, whether in their professional or personal pursuits.

Grand Slam: Lessons from Life on the Court Among the most celebrated athletes of her generation, Martina Navratilova's story is one of breaking barriers all the way to becoming a widely revered tennis legend. Giving audiences a never-before-seen look into her beginnings and what went on behind the scenes during some of the biggest moments of her career, she shares valuable lessons on setting goals, achieving personal success, teamwork, pushing past obstacles, and thinking big to tap into your true potential.

Strategies for Sustaining Championship-Level Performance Teams and individuals that are able to reach peak performance are the ones that surpass their goals, create innovative solutions, and transform industries. Widely regarded as one of the greatest tennis players of all time, Martina Navratilova shares expert insights on the methods she used throughout her career to attain and sustain peak performance, and how they can be adapted for organizations and individuals in any field. Speaking to the importance of embracing change and not giving in to our perceived limitations, she relates back to her own career to show audiences how they can identify openings for success, be adventurous, adapt, and turn adversity into advantage on the path to victory.