Ross Kemp

BAFTA-winning Actor, Documentary Maker and Author

Courage Under Pressure Drawing on his experiences in war zones and dangerous environments, Ross shares powerful lessons in bravery, resilience and staying calm in the face of adversity.

Behind the Camera: Life on the Frontline From Afghanistan to some of the world's most notorious gangs, Ross reveals extraordinary behind-the-scenes stories from his award-winning documentary career.

The Power of Human Connection Through encounters with people from all walks of life, Ross explores the importance of empathy, understanding and building trust in even the most challenging circumstances.

From EastEnders to Extreme World Ross reflects on his remarkable career in television, sharing fascinating stories, career-defining moments and lessons learned from decades in the spotlight.