

Sean Fitzpatrick

New Zealand Former Rugby Union Player

Leadership Under Pressure Lessons from captaining world-class teams and making critical decisions in high-stakes environments.

Building High-Performance Teams How trust, accountability, and shared purpose create sustained success.

Resilience and Consistency Strategies for maintaining peak performance through challenges, setbacks, and change.

Winning Culture The key ingredients behind creating a mindset and environment where individuals and teams can thrive.