

## **Sudip Bose**

Leading Emergency Physician, Media Health Correspondent, and Former Army Physician

**Desert Doc: Corporate Leadership Lessons from the Battlefield and Emergency Room** From the harsh deserts of Iraq to the deadly drylands of West Texas, I am an expert in emergency medicine stretched to the limits. With stories from my Prime Video series Desert Doc, I'll share key strategies for: How to divorce from emotion and project calm during chaotic situations "Fill the void" by being the voice of leadership Preparing for the worst and weathering the storm

**Take Charge of Your Inner Army: Managing PTSD, Burnout, Anxiety & Stress in the Wake of Disaster** Adjusting to daily life after a global-scale crisis can be hard. Learn how to keep your inner army strong, for a more resilient future tomorrow. Exploring the physical and mental repercussions that are common post-crisis—and what to do about them Wellness strategies tailored to the corporate work and lifestyle Ideal for organizations looking to support employee mental health and build resilient teams

**The Politics of Healthcare: Caring for Today's American Families for a Healthier Future** From my time in the ER to conversing directly with senators and other leaders on Capitol Hill, I'll share an on-the-ground perspective of the most prominent needs and solutions for healthcare reform today. How healthcare policies affect the everyday American Making the intricacies of politics and reform processes relatable and understandable Sharing innovative solutions to today's leading healthcare topics

**Keeping Cities Safe in a Crisis: Forming a Preparedness and Response Plan for Confident Action** Learn the most effective protocols for preparing for and weathering disaster before it hits. How to coordinate multiagency teams for effective joint efforts during public health crises and mass casualty incidents Stories from the frontlines of orchestrating West Texas's emergency response during its most dire hours Ideal for state and local government teams, and for nonprofit emergency management and public health organizations

**The Battle Continues: Honoring Our Soldiers and Carrying Forth the American Dream** I share the true experiences and trauma our veterans face, and how we can continue supporting them beyond their time in active duty. Tying the veteran experience and sacrifice to our everyday world Inspiring a new level of patriotism and pride for our country and soldiers Proceeds go to raise funds and awareness for injured combat veterans

**Command Your Future: Leadership Beyond the Classroom** My university commencement speeches offer next generation leaders a motivational understanding of the "real world." I'll share my toughest battles to help our future leaders succeed. Dr. Bose uses his fellowship in teaching to share

the most advanced adult learning techniques How to go from textbook knowledge to practical  
experience Tips on making great first impressions