

Vicky Nguyen

Courageous Refugee Turned News Leader, Consumer Advocate, Trusted Champion for Marginalized Voices

What Is Your ‘Why’? Lessons On Finding Inspiration in the Face of Adversity Growing up in America wasn’t easy for Vicky Nguyen. Between dealing with the neighborhood racist and the struggle to maintain her Vietnamese identity, there was plenty to weigh her down. Yet, in spite of these trials, Vicky’s unwavering sense of purpose was clear. She teaches her audience how to spin life’s challenges positively and use gratitude to transform negative thoughts. She implores her audience to ask the hard questions, like “What is your ‘why’” and “Who in your community do you admire?” Through hilarious personal anecdotes and earnest storytelling, Vicky Nguyen shows the audience that even in the face of adversity, a clear sense of purpose and resilience can turn obstacles into opportunities.

A Refugee’s Journey to National Prominence Grit and determination have defined Vicky Nguyen’s life and shaped her into the nationally acclaimed journalist we know today. Nguyen recounts her family’s harrowing journey as Vietnamese refugees, surviving an attack by sea pirates and living on meager rations in a Malaysian refugee camp. But her challenges didn’t end there. Her family was soon sponsored to go to America, where they had to learn a new set of survival skills. Nguyen overcame complex cultural barriers and personal hardships to rise as a leading voice in journalism. With grace and humor, Nguyen explores her dual identity as an Asian American and a journalist. Her life is a testament to perseverance and the power of embracing one’s cultural identity.

For the Greater Good: Lessons on Uncovering the Truth As an award-winning investigative journalist, Vicky Nguyen is relentless in her pursuit of the truth to protect consumers. Her work has taken her into the heart of complex stories—stories that have exposed corruption and crooked business practices. In her talks, Nguyen shares impactful highlights of her career, including uncovering reports that have held the powerful accountable and protected communities. Through gripping anecdotes and insights, Nguyen leaves the audience with tools to stand up for integrity in a world where the truth can be increasingly hard to find.