

Meggie Palmer

Confidence Expert; Entrepreneur; Founder & CEO, PepTalkHer

A leader and confidence creator who is driving change in the workplace and creating more equitable and inclusive workplaces for all, Meggie Palmer is on a mission to help organizations in every industry recruit, retain, and develop top talent from diverse backgrounds through PepTalkHer, the consultancy she founded and leads as CEO. What began as a side hustle for Palmer has evolved into a thriving global business and movement with a strong community of 60,000 aspirational professionals from all walks of life who are breaking glass ceilings and leading organizations into the future.

Exclusively represented by [Leading Authorities speakers bureau](#), Palmer is a master relationship-builder who leads high-energy, interactive keynotes on fostering more inclusive organizations for women and underrepresented groups, diversifying leadership, and the keys to success in the workplace. She informs and surprises audiences with expert insights on driving change through technology, the confidence gap that can affect all groups in the workplace, imposter syndrome, and the other challenges that stand in the way of teams and individuals performing to their potential. An expert at engaging the room and setting a fun mood while addressing important topics, she leaves audiences with tangible learnings they can apply in the real world.

Inspired by her own experiences with inequality and lack of inclusion throughout her career, Palmer first founded PepTalkHer in 2017 as a means to guiding organizations on their paths to achieving corporate diversity and helping individuals supercharge their careers. Through the company, she runs corporate programming for Fortune 500 companies and leading brands, including Salesforce, JP Morgan, and LinkedIn — providing in-house frameworks for organizations to be more diverse, equitable, and inclusive. She also oversaw the launch of the PepTalkHer career success management app at a *Vogue* event in 2019.

Prior to PepTalkHer, Palmer served as VP of business development and content partnerships for *The Financial Times*, where she worked with Barclays, IBM, and other top companies to create high-impact content for C-suite executives. Before that, she was an award-winning journalist and foreign affairs correspondent for *BBC World*, *CNBC*, and *SBS Dateline*. She has traveled the world interviewing world leaders and iconic public figures — from Bashar Al Assad in his Palace in Syria to Brad Pitt on the red carpet. Her films won New York Festival TV & Film awards, UN Media Awards, a Walkley award, and a Logie nomination.

In addition to being a Tory Burch Fellow and the recipient of a grant from Sara Blakely's Spanx Foundation, Palmer serves on several boards and is a passionate angel investor with special focus on tech businesses and teams with a female or underrepresented founder. She also lectures at Columbia University and Barnard College on negotiation and confidence, and is featured regularly in *NBC*, *Vogue*, and other leading media outlets.