

## Chemmy Alcott

Legendary British Skier, Four-Time Winter Olympian; BBC “Ski Sunday” & Olympic Presenter

Widely regarded as one of Britain’s greatest-ever skiers, Chemmy Alcott is a four-time Winter Olympian who has defied the odds in sport and life to inspire the world and show people that anything is possible when they’re willing to take risks. She represented Team GB throughout her 20-year sporting career, during which she became the eighth ranked skier in the world and the first British ski racer to win a run in the World Cup.

Exclusively represented by [Leading Authorities speakers bureau](#), Alcott shares her inspirational story of taking risks and overcoming the odds on her journey to becoming a sporting phenomenon. She brings audience members along for a ride filled with ups, downs, twists, and turns as she speaks candidly about recovering from a childhood ski accident that resulted in 50 broken bones and nearly left her paralysed, and risking it all by facing adversity head-on throughout her career, battling back from subsequent injuries and obstacles that repeatedly left her future as once-in-a-lifetime skier in doubt. She takes the audience behind the scenes of some of her greatest triumphs and challenges, and shares lessons learned along the way, demonstrating how anyone can reframe their mindset and step outside of their comfort zone to achieve extraordinary goals. Alcott’s key takeaway (and life motto) is that there’s no “win or lose,” only “win or learn.”

A trailblazing athlete, Alcott was among the pioneers who elevated the popularity of skiing in Great Britain and showed British athletes that it was possible for them to compete on the world’s biggest stages in winter sports. She is a seven-time British National Overall Champion and won 44 gold medals during the course of her international career. Since retiring from alpine skiing following the 2014 Winter Olympics in Sochi, Alcott has continued to find new ways to challenge herself. She competed in the World’s Toughest Ski Race in Greenland, the 100-mile RideLondon road race, and other sporting endeavours, while being promoted to lead presenter of BBC’s “Ski Sunday” television programme and fronting BBC’s Winter Olympics coverage.

Alongside her sporting and media work, Alcott created the X-Elle initiative to develop young girls’ confidence in, and through, sport. She is also a proactive ambassador for international humanitarian organisation Right to Play and climbed Mount Kilimanjaro on its behalf, raising more than £25,000 in the process. In addition to her numerous charitable and philanthropic pursuits, Alcott is a champion for sustainability and making the right choices to protect the world we live in and the mountains she calls home.

Alcott is frequently featured in the pages of national newspapers and on red carpets, holds three Guinness World Records, and placed 5th on the very popular ITV show “Dancing on Ice.” As someone used to racing downhill at more than 80 miles per hour, she continues to seek new challenges while balancing motherhood to two young boys, and doesn’t look to be slowing down any time soon.