Candice Mama

Global Resilience Expert & Culture Transformation Leader

Cultures Are Built on Conversations Most cultures are shaped by the conversations leaders are willing, or unwilling, to have. Drawing from her experience leading a global organisation across 54 countries, Candice Mama explores how leaders can address tension early, build trust through difficult truths, and speak with conviction when silence feels safer.

The Courage to Confront: How Courageous Conversations Shape Culture, Trust, and Leadership Success. In this powerful keynote, Candice Mama explores how courageous conversations shape culture, trust, and leadership success. Drawing from her experience leading across 54 countries and her deeply personal story of navigating grief and reconciliation in post-apartheid South Africa, Candice shows how avoidance silently erodes organizations while courageous communication creates clarity, accountability, and growth. Audiences leave with practical frameworks for addressing tension early, leading under pressure, and navigating hard conversations with honesty, empathy, and conviction.

Pressure Reveals What Preparation Conceals Candice examines the defining moments where leadership is tested, from external scrutiny and internal conflict to uncertainty and high-stakes decisions. She explores how pressure often exposes what has been left unsaid, unresolved, or unprepared for, and offers a grounded framework for staying clear, staying present, and responding with courage when the stakes are high.

Avoidance Has a Price Candice invites audiences to examine what they may be avoiding in their leadership, culture, and communication. She shows how unspoken truths and unresolved tensions can erode trust, performance, and growth, and how honesty, when practised with courage and care, becomes a pathway to accountability and meaningful change.