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GET SWITCHED ON! Reevaluate and Recharge. You must reevaluate your current performance to recharge and improve your results. Who you are is a major part of your USP! Learning how to 'Get Switched On' and to consistently be at your best is essential to compete and excel in today's marketplace. Each person will make a **DECISION** at the end of the session to improve their lives. Taking better care of your #1 Asset – your health, ENERGY and vitality is a crucial decision. Health care costs are exploding and the NCOA says 68% of Americans have 2 or more chronic diseases at age 65. This high-energy, interactive session shares a proven system and gives immediate strategies that will create lasting improvements. Chip challenges people to **reevaluate and take a hard look** at their attitude, current priorities, neglect, habits, results, long term vision, game plan, accountability, mindset, and beliefs. Getting switched on is about **HOW YOU SHOW UP** each day and manage your energy for better performance and impact. The goal for this interactive session is to have each person pursue their work and life with renewed tenacity and accountability.

BREAKING BARRIER The Board Break Experience. Chip is famous for this one-of-a-kind experience. How will you close your next event in a memorable way and send the audience out the door charging? The Breaking Barriers – **board break** experience is an intense, emotional and climatic physical metaphor dedicated to breaking through barriers and pushing your team spirit to new and lasting heights. This is the **BEST** activity to get a large group involved in a compelling physical activity that they will always remember. When people and the team breakthrough their barriers and limiting beliefs, the impossible becomes possible! **Watch the Breaking Barriers** video to see for yourself! Often added to other keynotes to create an extraordinary presentation.

OWN IT – Take Charge of Your Performance. Chip shows how the power of getting clear on what you want and taking ownership of your **RESULTS, EXPERTISE and ENERGY** sparks remarkable shifts in performance. Sometimes you need to confront the brutal facts about why you aren't achieving your goals – It could be you! To make the move to great, you must recognize the gap between where you are now and where you want to be. Your choices brought you to where you are today and new choices that are sometimes drastically different, will guide you to reach your new target faster. Chip concentrates on personal accountability as the key to owning your performance and the desired outcome. This accountability requires personal responsibility in spite of obstacles and without excuses or blame. Incorporating innovative or revolutionary change into everyday activities can lead to amazing transformation.