

## **Dr. Omekongo Dibinga**

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**Antiracism & YOU!** Antiracism is a term that has been utilized across every strata of American society and even beyond our shores. The goal of this session is to go beyond the articles and books and do a deep dive on two simple questions. **The first question is:** *how antiracist are you really?*

The goal of this question to conduct a deep on your personal journey of becoming antiracist. **The second question is:** *how antiracist is your school or company?* The goal of this question is to analyze the work your organization has conducted on its path to becoming truly antiracist. By the end of this session, participants will be able to understand if their antiracist work personally or professionally is really a moment or a movement and craft out an action plan to continue on the antiracist path regardless of where they currently are in the process.

**Finding Common Ground In Uncommon Times** The purpose of this keynote/breakout is for participants to explore what unites them as opposed to what divides them. We live in a society that is becoming increasingly polarized but even in our darkest moments, there are areas where we can all shine. Participants will learn how to have difficult conversations, how to challenge implicit biases, and how to build a community where differences are not just tolerated but celebrated!

**Be An UPstander, Not A BYstander!** This keynote/breakout uses spoken word poetry and hip-hop to speak on the importance of how participants can create social change. Participants build their cultural self-confidence and respect for other cultural, religious and racial groups through critical analysis to understand the root causes of misconceptions that exist across different groups. It challenges cultural paradigms in an effort to create greater appreciation for differences. Participants emerge from this keynote/breakout empowered to not only make a change in their own lives but in their communities and throughout the globe.

**G.R.O.W. Towards Your Greatness!** This keynote/breakout will provide you with the steps needed to bounce back from any setback, be it personal or professional. This is an interactive session where participants will be able to first probe into the circumstances that led to their setback, and then embark on 4-step reinvention road map that will keep them focused and ready to adapt to new challenges. As the saying goes, either you expand or you are expendable so come learn how to expand and G.R.O.W. towards your greatness!

**Leveraging and Embracing Diversity in the Workplace** This keynote/breakout explores the importance of achieving true cultural diversity and appreciation in a corporate or governmental environment. Research has shown that companies that value diversity are more productive and profitable. Participants will probe deeply into the challenges that prevent employees and leaders from having a truly inclusive work environment. By acknowledging their truths as it relates to experiences

of racism, sexism, anti-Semitism, and more, participants will feel empowered to carry the dialogue back to their colleagues and beyond.