John Riggins

Pro Football Hall of Fame Inductee and Super Bowl MVP

Do Your Job. That is the essence of team work. Sometimes you can't count on the other guy, but you always want to make sure they can count on you. That's your reputation. That's *you* on the line every day.

Don't Give Yourself Permission to Fail. The most successful guys on a football field are those that have the highest threshold for pain. The most successful guys in the business world are those that have the highest tolerance for frustration.

Courage. Is at the root of any human achievement because it breeds confidence. It is what helps you stay on course when you're trying to do your job and not giving yourself permission to fail.

Seize Your Moment. I said to Joe Gibbs: "Give me the football. I'm ready to play. Don't take me out." It was my time, and I seized it.