

Preet Chandi

Fastest Woman to Complete a Solo Expedition to the South Pole

Pushing Past Boundaries to Redefine Normal. If adventurer Preet Chandi had accepted other people's definitions for what is considered "normal," she never would have completed the 40-day, 700-mile journey from the coastline of Antarctica to the geographic South Pole that saw her become the first woman of colour to complete a solo expedition across the continent. Drawing from a challenging expedition that required her to be physically and mentally sharp at all times, Chandi, inspires audiences with her thrilling story of grit and determination as she empowers them to step out of their comfort zones and push past the boundaries they have set for themselves in their professional and personal lives. As Chandi shares with audiences, the question isn't "if" you can achieve your goals, it's "when" you will achieve them.

Shatter the Glass Ceiling. As the first woman of colour to complete a solo expedition across the South Pole, there was no example for her to follow in achieving such a remarkable feat. She may have been the first to complete the journey, but it's her mission to not be the last. In this talk, Chandi leads an eye-opening conversation on the importance of diversity, equity, and inclusion in all aspects of life – from the workplace to pursuing your dreams, whatever they may be. When speaking, Chandi instills a belief in the audience that, no matter your background or starting point in life, anything is possible.