William Li

Food, Health and Disease Expert; Founder of Angiogenesis Foundation

Eat To Beat Disease Forget everything you think you know about your body and food and discover the new science of how the body heals itself. In a riveting talk about health, wellness, and happiness, Dr. William Li shares how to identify the strategies and the dosages for using food to transform your resilience and health. Dr. Li argues that we have radically underestimated our body's power to transform and restore our health. Dr. Li empowers readers by showing them the evidence behind over 200 health-boosting foods that can starve cancer, reduce your risk of dementia, and beat dozens of avoidable diseases. This is not a talk about what foods to avoid, but rather a life-changing guide to the hundreds of healing foods to add to your meals that support the body's defense systems, including. Dr. Li shares how to activate your body's health defense systems—Angiogenesis, Regeneration, Microbiome, DNA Protection, and Immunity-to fight cancer, diabetes, cardiovascular, neurodegenerative, and autoimmune diseases, and other debilitating conditions. Both informative and practical, Dr. Li's talk explains the science of healing and prevention, the strategies for using food to actively transform health, and points the science of well-being and disease prevention in an exhilarating new direction.

Force Multiplying — How to Transform, Lead, and Win in the Era of Volatility. This presentation is for healthcare leaders who want to increase the value their organizations create and impact of their organization's mission. Well-established organizations today want to maintain their relevance, engage with their stakeholders, adapt to new technologies, and elevate the value they deliver to their employees and shareholders. Breakthroughs in technology, adoption of new methods to achieve better outcomes, shifting mindsets, new workforce demands, and growing financial pressures create volatility and challenge the growth and survival of every corporation. In this inspirational and revealing talk, CEO and medical pioneer William W. Li describes how organizations can tackle shifting paradigms by force multiplying: using factors that work to accomplish greater feats together than can be accomplished alone. He shares key lessons learned from being in the center of the dramatic evolution of new fields of medicine that upend old standards of health care; how early product adopters drive new ways to improve outcomes through better practices; and how innovators respond to consumer demand by reconceptualizing their approach to service. Understanding how leaders can leverage these different forces to create greater value by transforming the corporate mindset from within is the secret this talk will deliver to the audience.